

Focused sentence management – a multidisciplinary and joint task



Foto: E. Daly-Paris

JCN - Final Conference “Re-Integration of High Risk Offenders”
September 4th 2014

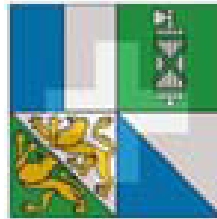
Overview



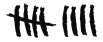
- ROS – Risk-oriented sentence management
- Establishment of sentence plan at Anstalten Hindelbank
- Working alliance with offender
- Personal reflection - the «Big Five» of sentence management

Pilot project: risk oriented sentence management

ROS



- Risk, need and responsivity
- Early identification of high risk offenders
- Assessment of individual risk factors
- Recommendations for interventions and treatment
- Close monitoring of the process
- Increased cooperation and communication



Anstalten Hindelbank

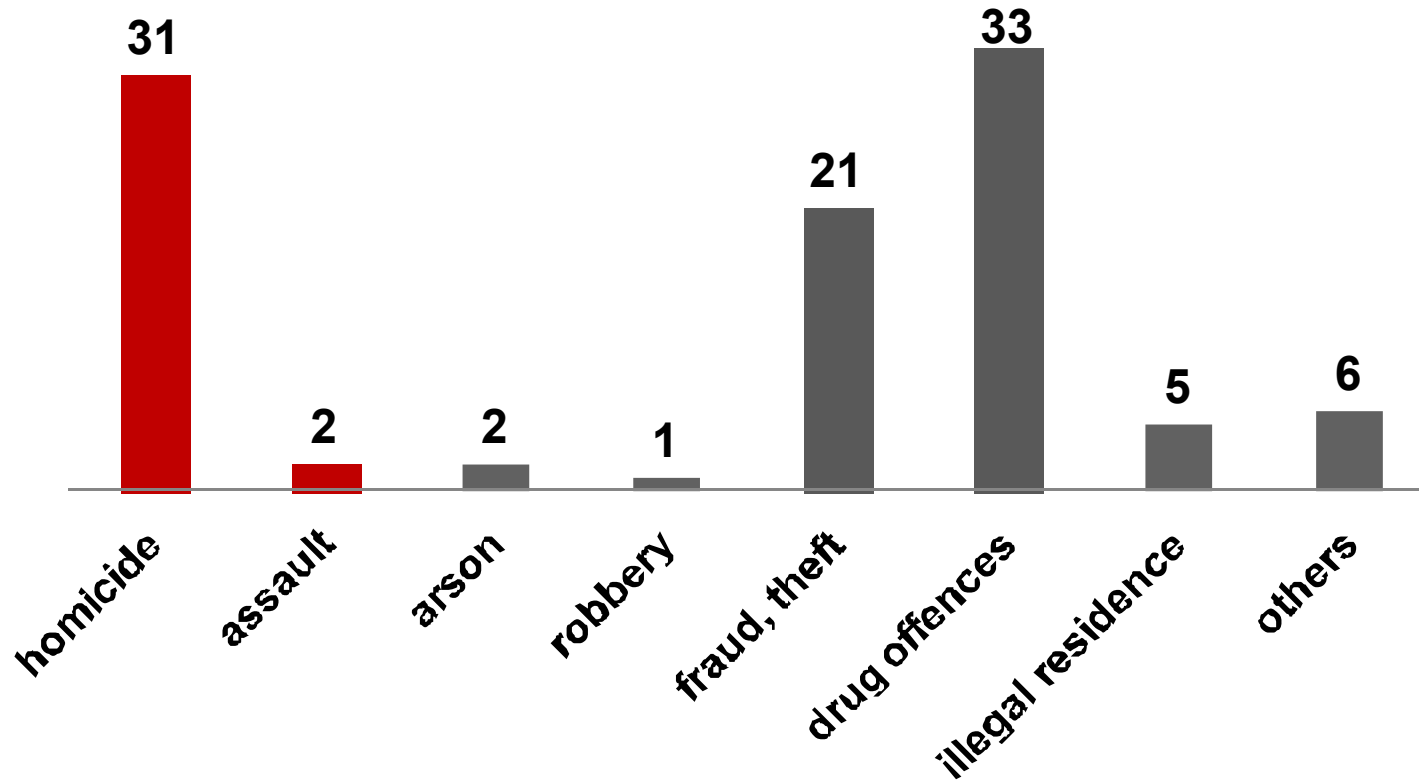


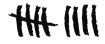
- Only penitentiary for female prisoners in the German speaking part of Switzerland
- 107 prisoners
- All different prison regimes – high security, closed regime, open regime up to a half way house
- Prisoners from all cantons



Offences

01.01.2014





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9 work places



7 housing sections



school



leisure



psychological treatment



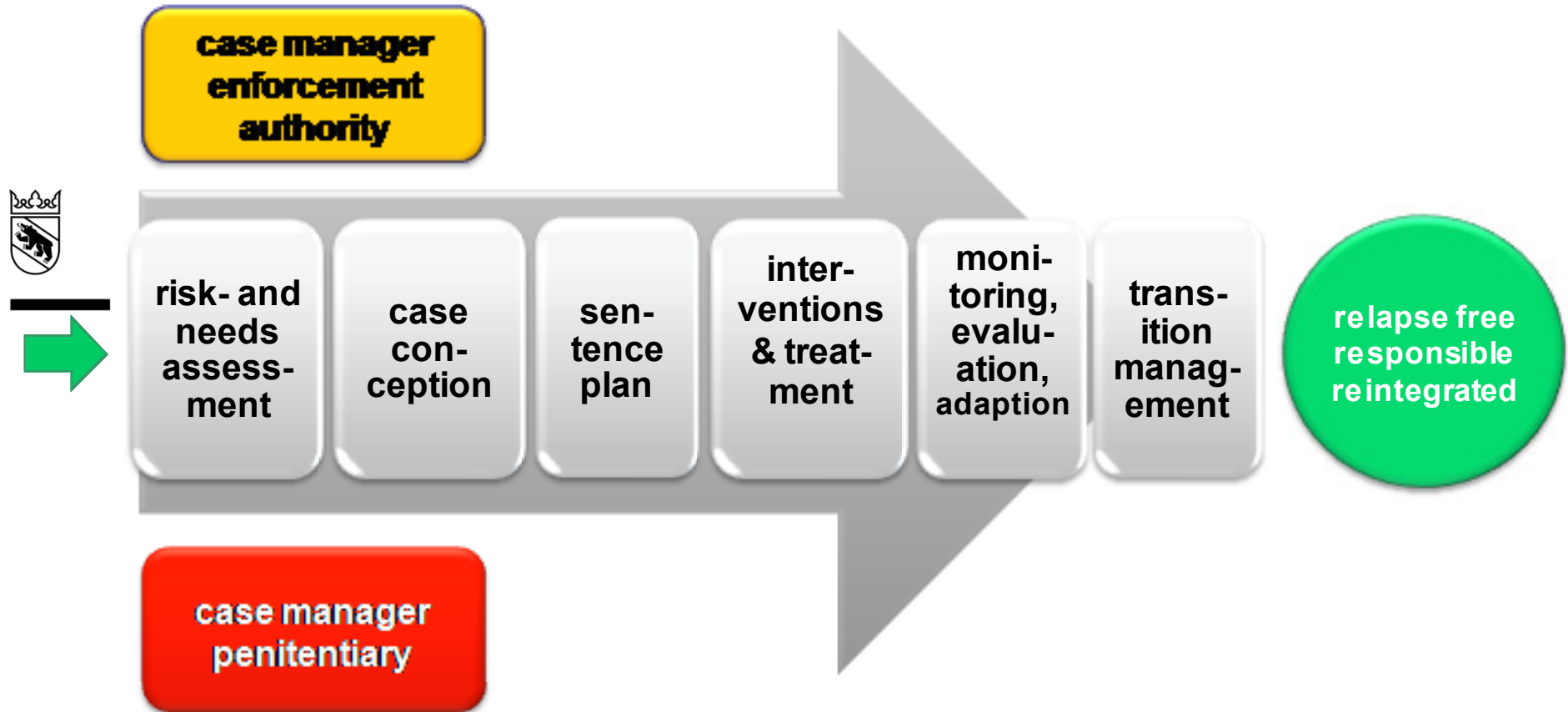
security



medical care

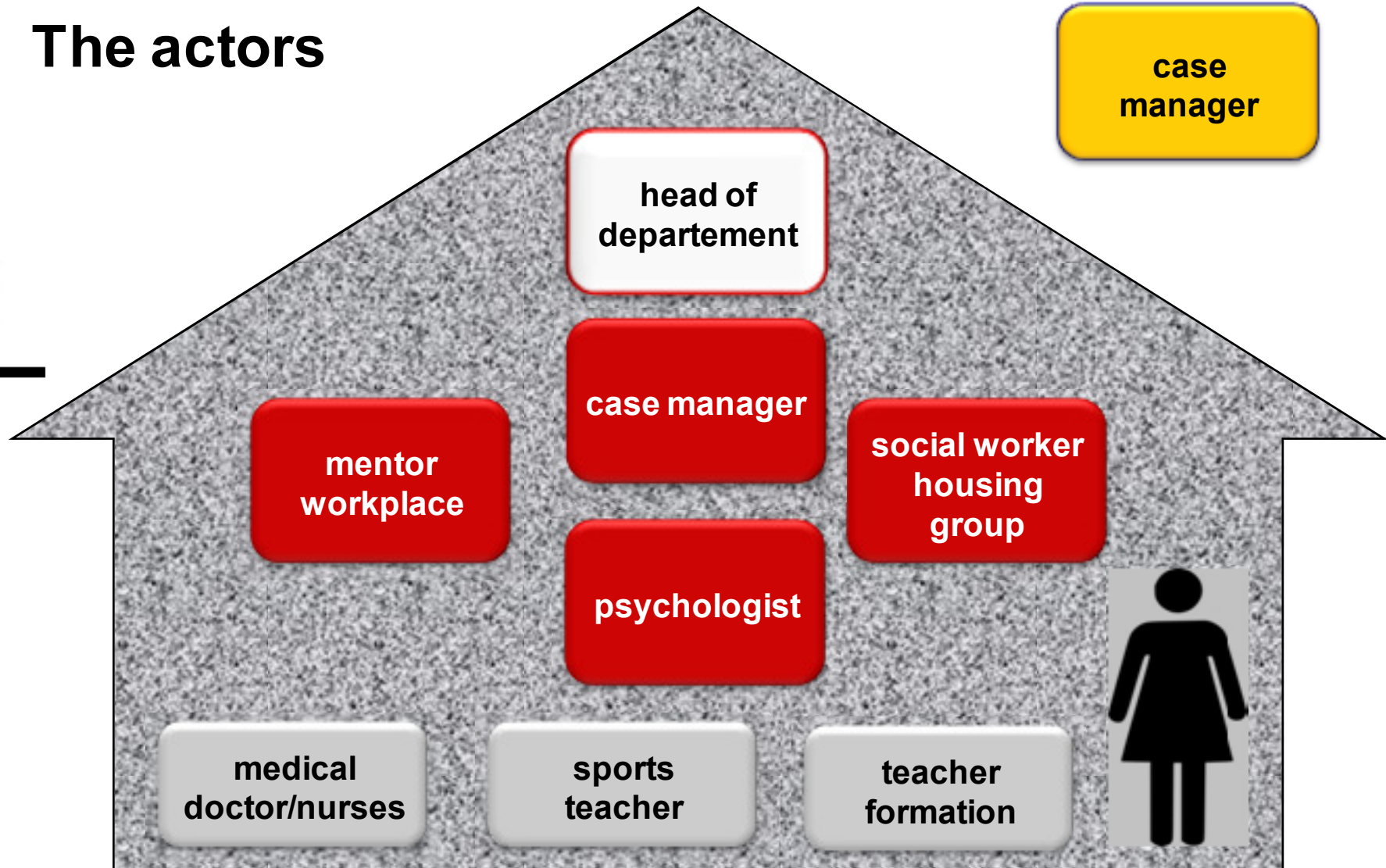


Focused sentence management

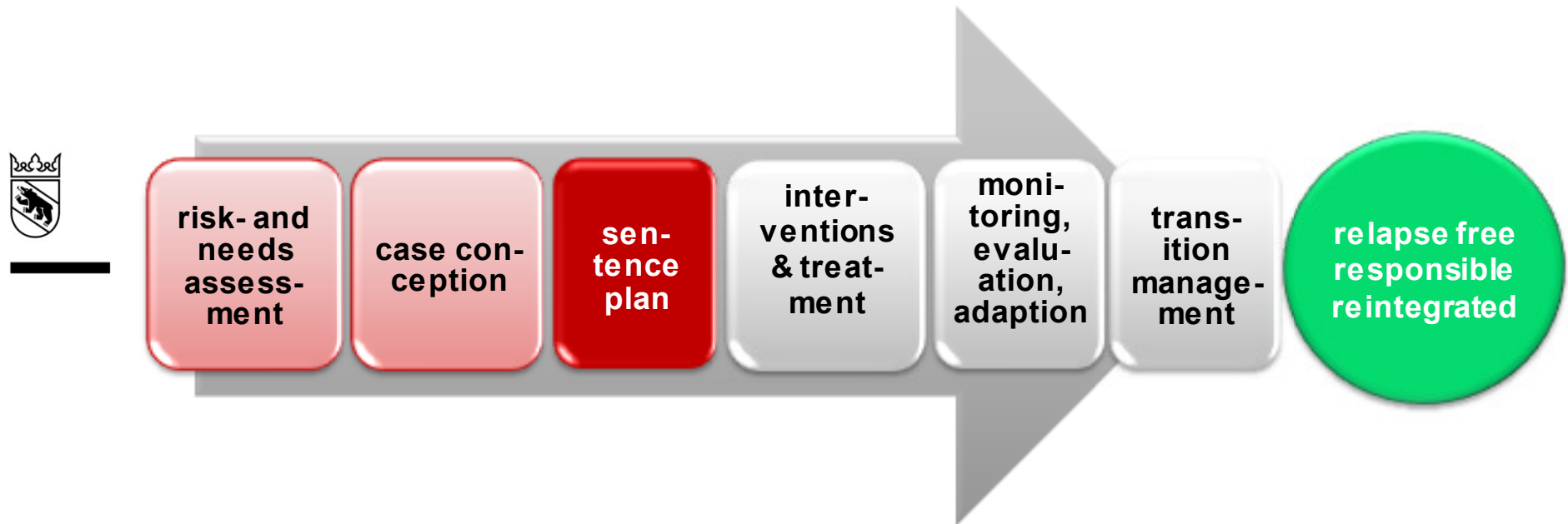




The actors



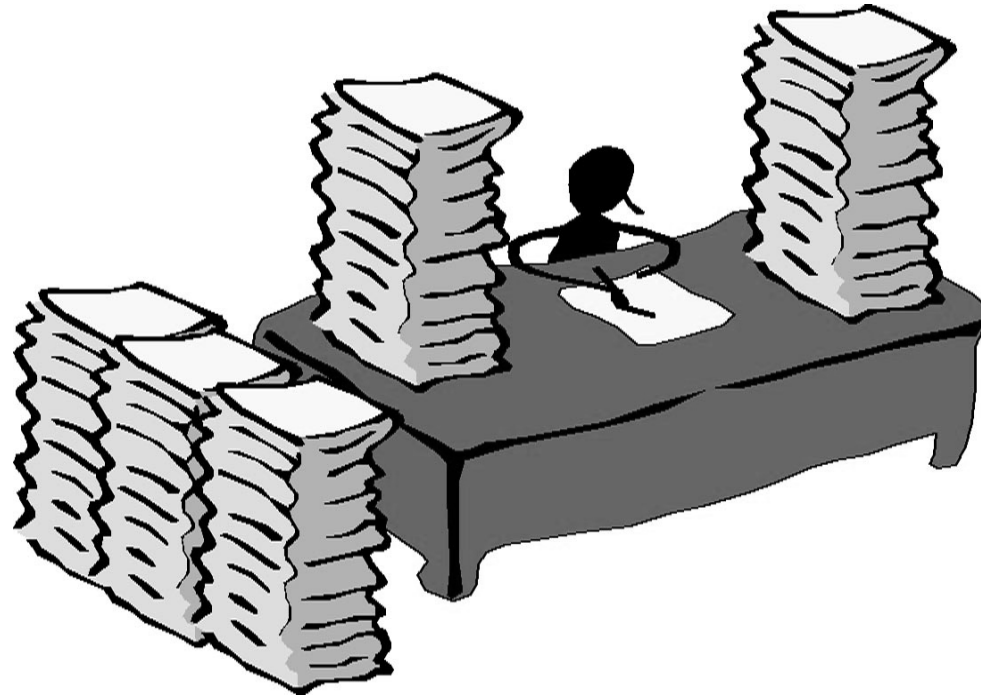
Establishment of sentence plan





Structured digest of record

**case
manager**





family
children
relationships



biography



offences



future aims and
Perspective



support
network

Intake interview

**social worker
housing
group**

leisure



housing

mental
problems



work,
profession

health,
addiction

finance



formation,
education





Skills Assessment

**social worker
housing
group**

**mentor
workplace**



Assessment of personal and social competencies, Section Departments

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Surname, first name: Self-assessment Assessment by others

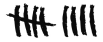
Residential group:

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Personal competencies						
Decision-making ability	<input type="checkbox"/> Is able to make decisions without any prob.	<input type="checkbox"/> Is able to make decisions without tak.	<input type="checkbox"/> Finds decision-making difficult, often	<input type="checkbox"/> Is never able to make		
Flexibility						
Frustration tolerance						
Punctuality / reliability						
Self-reflection capacity learning ability						
Problem-solving behaviour						
Ability to accept criticism						
Emotional detachment						
Self-perception, physical						
Self-perception, psychological						
Dealing with her own aggression						

Everyday competencies						
Leisure activities	<input type="checkbox"/> Organises her leisure time sensibly, makes use of activities	<input type="checkbox"/> Is not bored, has already participated in leisure activities	<input type="checkbox"/> Finds it difficult to organise her leisure time, does not attend any activities	<input type="checkbox"/> Does not know what to do with her leisure time and is often bored		
Further education	<input type="checkbox"/> Is into further education, attends courses, displays personal initiative	<input type="checkbox"/> Has bigger plans than she implements	<input type="checkbox"/> Does not implement further education plans	<input type="checkbox"/> Is uninterested in further education		
Financial management	<input type="checkbox"/> Rations her money independently, judiciously, plans ahead, adheres to her budget	<input type="checkbox"/> Sometimes needs support for budgeting and implementation	<input type="checkbox"/> Does not deal with money realistically, perceives a need for action	<input type="checkbox"/> Does not deal with money realistically, does not perceive a need for action		
Compliance with rules	<input type="checkbox"/> Always complies with the rules	<input type="checkbox"/> Usually complies with the rules	<input type="checkbox"/> Often has to be sanctioned	<input type="checkbox"/> Violates rules intentionally, often has to be sanctioned		
Cooking on her own	<input type="checkbox"/> Cooks on Sundays for herself or together with others	<input type="checkbox"/> Usually cooks on Sundays	<input type="checkbox"/> Rarely ever cooks	<input type="checkbox"/> Never cooks		
Tidiness / hygiene in the room	<input type="checkbox"/> Room always looks clean and cosy	<input type="checkbox"/> Room has usually been cleaned and tidied up	<input type="checkbox"/> Room is seldom cleaned and rarely tidy	<input type="checkbox"/> Room is always untidy and dirty		
Appearance	<input type="checkbox"/> Smart	<input type="checkbox"/> Tidy	<input type="checkbox"/> Rarely tidy	<input type="checkbox"/> Untidy		
Cultivation of external contacts	<input type="checkbox"/> Actively maintains relationships	<input type="checkbox"/> Has occasional contact	<input type="checkbox"/> Does little to maintain external contacts	<input type="checkbox"/> Has no external contacts		

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Risk assessment

psycho-
logist



- **HCR 20**
- **Forensic psychiatric examination**
 - PCLR
 - V-RAG
 - Various tests



Case conception



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Case conception

Inmate: Name, Vorname, Geburtsdatum, Heimatland
 Enforcement Authority:
 Establishment date: / Update:

Offence

Offence – course of events

Explanation of offence / Hypothesis (based on:)

2.1.99 VO_case_conception.docx 1/2

Riskfactors / Protective Factors

4 Main areas for interventions / treatment

Area	Interventions (e.g. observation, interventions, treatment, support, control)
1	<input type="text"/>
2	<input type="text"/>
3	<input type="text"/>
4	<input type="text"/>

Further areas to work on (later)

2.1.99 VO_case_conception.docx



Sentence plan



**case manager
enforcement
authority**

**case
manager**

Anstalten Hindelbank
Vollzugsplan Teil III
Vollzugsziele

Polizei- und Militärdirektion des Kantons Bern

Name, Vorname der Eingewiesenen: XXX, YYY geb.

Vollzugsziele und Schritte

für die Zeit vom [] bis []

Standortgespräch vom []

Teilnehmende:

[] []

[] []

Grundlagen:
Schweiz, Strafgesetzbuch (StGB) Art 75.3 & 4
Die Anstaltsordnung sieht vor, dass zusammen mit dem Gefangenen ein Vollzugsplan erstellt wird. Dieser enthält namentlich Angaben über die angebotene Betreuung, die Arbeits- sowie die Aus- und Weiterbildungsmöglichkeiten, die Wiedergutmachung, die Beziehungen zur Aussenwelt und die Vorbereitung der Entlassung. Der Gefangene hat bei den Sozialisierungsbemühungen und den Entlassungsvorbereitungen aktiv mitzuwirken.

Strafvollzugskonkordat der Nordwest- und Innerschweiz, Richtlinien für die Vollzugsplanung vom 22. April 2005 bzw. 15. November 2006

Zu folgenden Themen werden Vollzugsziele definiert:

- Betreuung / Sicherheit / Berechtigungen
- Wohnen / Soziales Verhalten
- Freizeit
- Arbeit: neue Ziele Arbeitsplatzwechsel Anlehre
- Aus- und Weiterbildung
- Gesundheit / Krankheit
- Störungs- und deliktorientierte Therapie
- Wiedergutmachung
- Beziehungen zur Aussenwelt
- Progressionsstufen / Vorbereitung der Entlassung
- Finanzen / Schuldenerfassung

1

Anstalten Hindelbank
Vollzugsplan Teil III
Vollzugsziele

Polizei- und Militärdirektion des Kantons Bern

Name, Vorname des Eingewiesenen: **Bachmann, Pairindr** geb. **18. August 1980**

Betreuung / Sicherheit / Berechtigungen

Stichworte: Wohngruppe, Vollzugsstufe, Berechtigungen (vgl. Vollzugsplan Teil I); Module HSI.

Ausgangslage:
[]

Ziel:
[]

Schritte:
[]

Auswertung
 Ziel erreicht teilweise erreicht

Bemerkungen:
[]

Wohnen / Soziales Verhalten

Stichworte: Wohngruppe, Soziale Kompetenzen (Beziehungsgestaltung, Leben in der Gruppe, Umgang mit Konflikten, Kommunikation, Kritikfähigkeit, Umgangsformen etc.), Zellenordnung, Körperhygiene.

Ausgangslage:
[]

Ziel:
[]

Schritte:
[]

Auswertung
 Ziel erreicht teilweise erreicht

Bemerkungen:
[]

Freizeit

Stichworte: Gestaltung der Freizeit, Arealbenutzung, Sport, Freizeitangebote, soziales Verhalten, etc.

Ausgangslage:
[]

Ziel:
[]

Schritte:
[]

Auswertung
[]

2

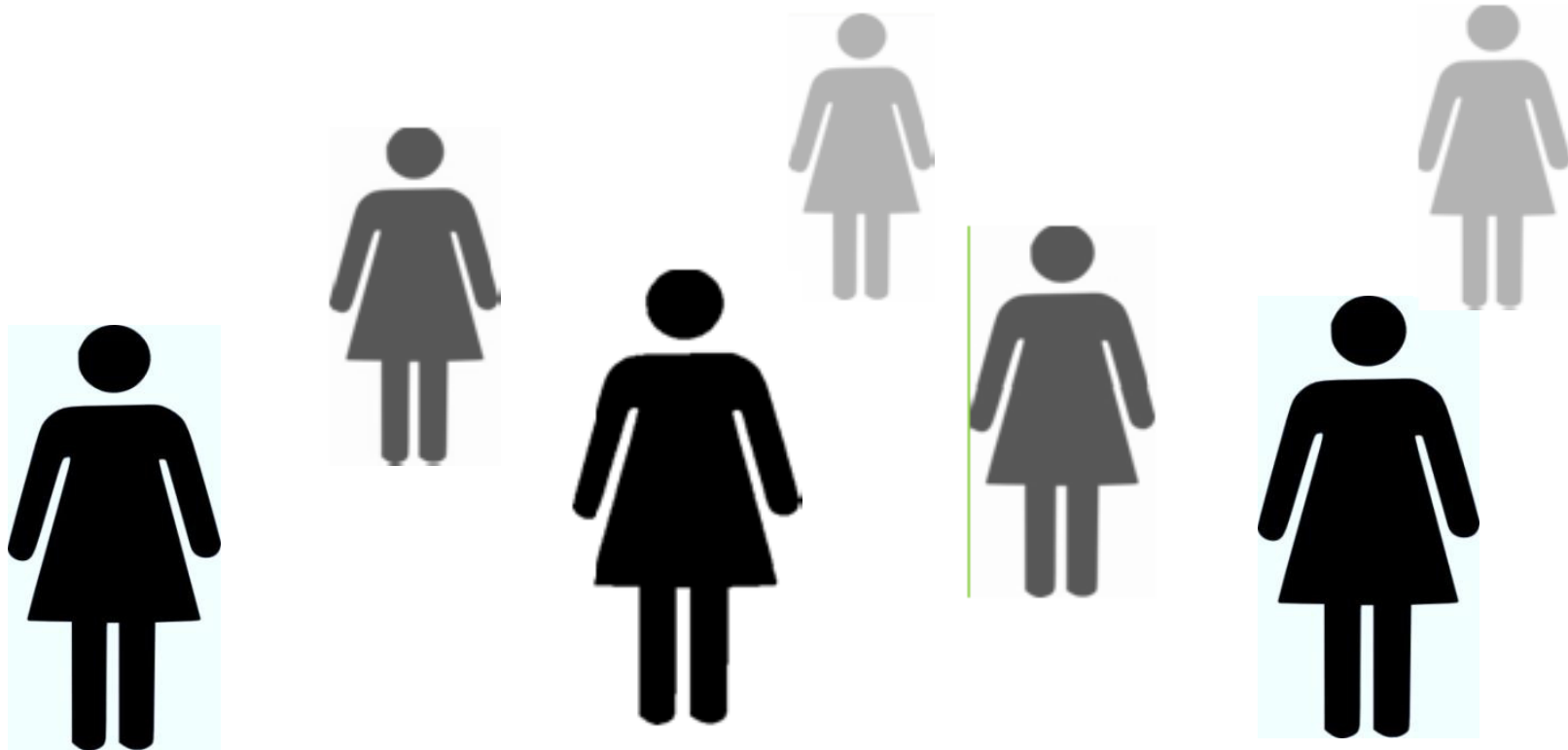
**psycho-
logist**

**social worker
housing
group**

**mentor
work place**



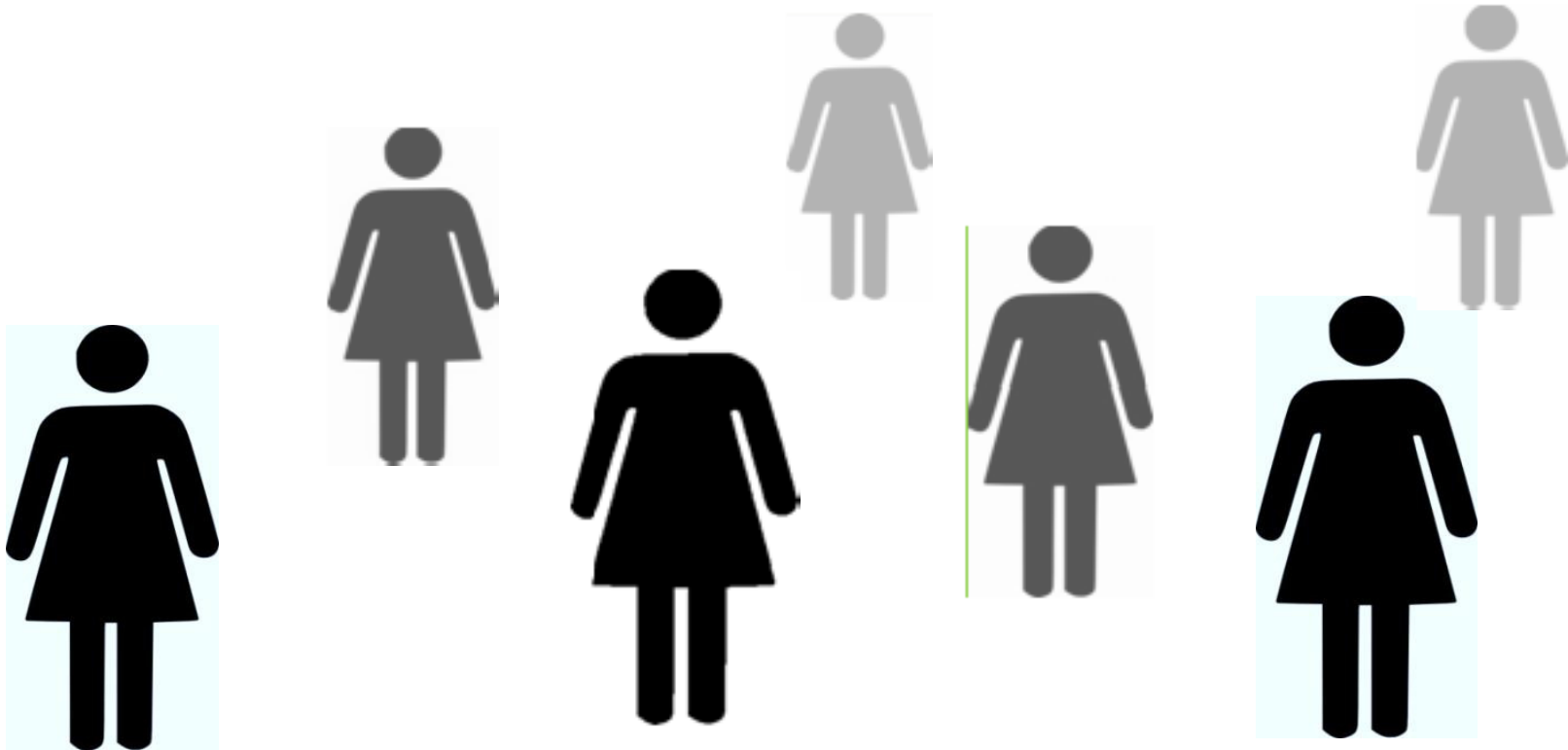
And the offender?



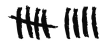


Working alliance

Motivation for change



Willingness to cooperation



Klug • Zobrist

**Motivierte Klienten
trotz Zwangskontext**

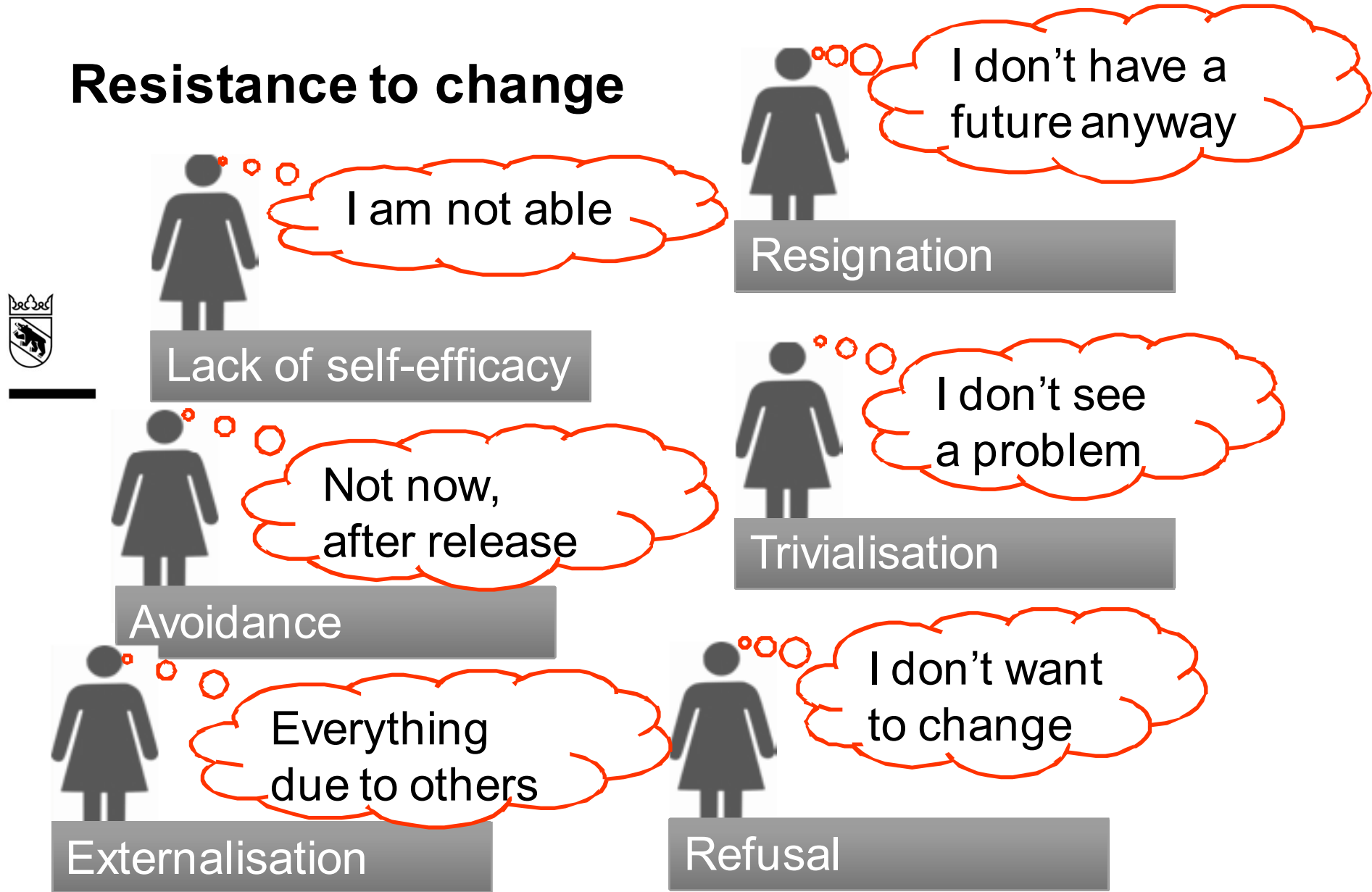
Tools für die Soziale Arbeit

EBV reinhardt

Arbeitsblätter zum Download

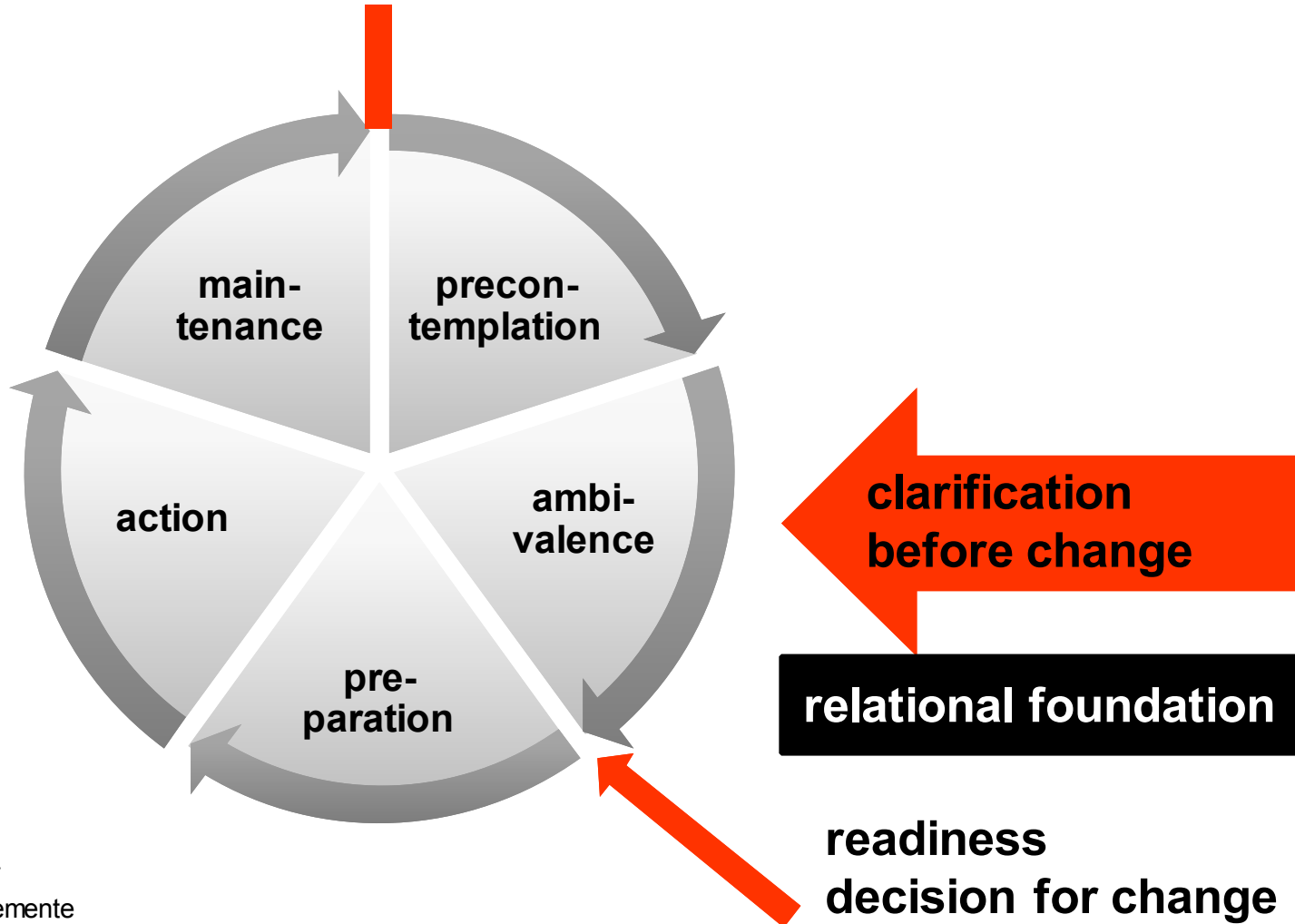


Resistance to change





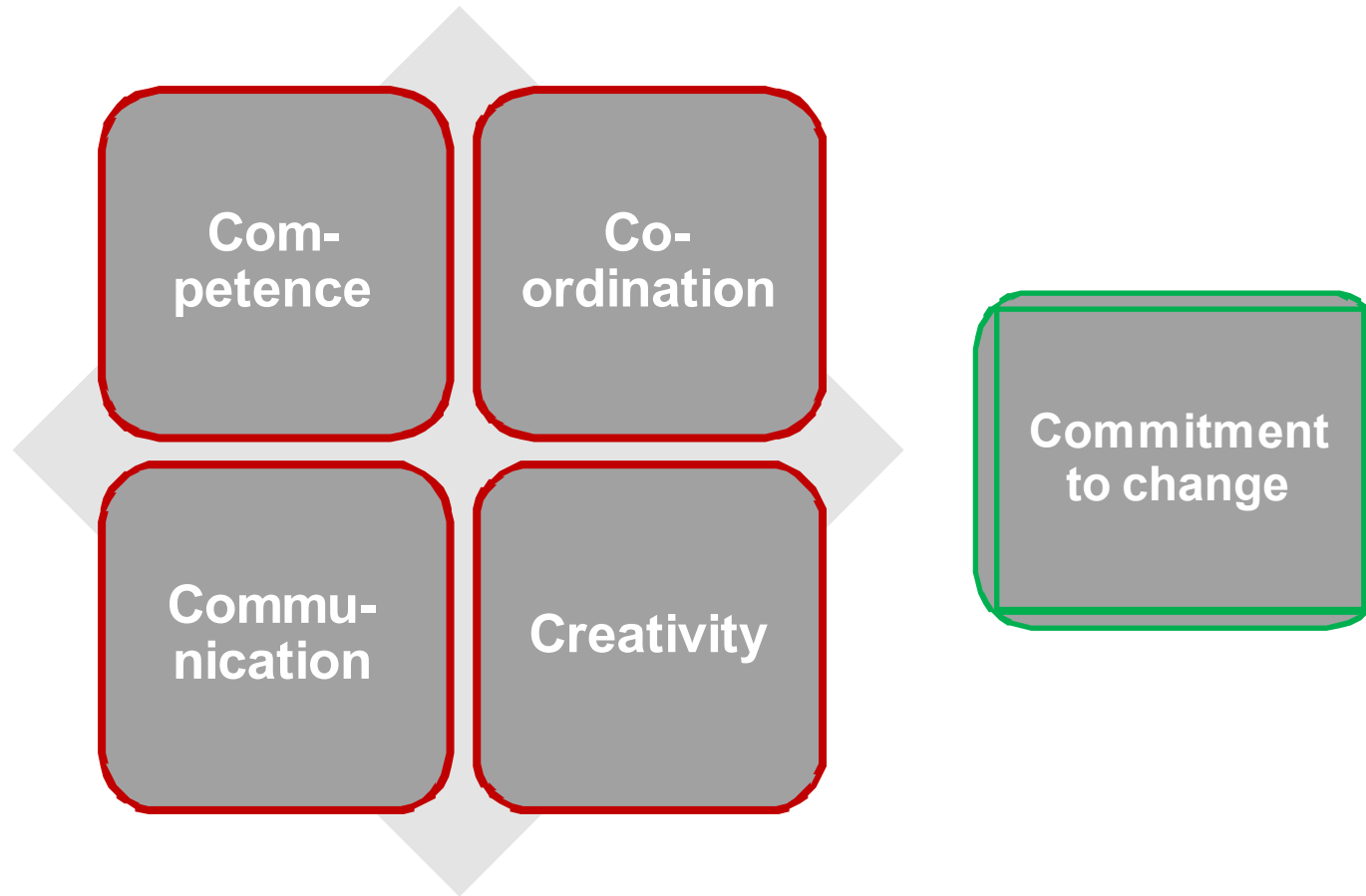
Stages of change



Stages of change of Prochaska and DiClemente



The „Big Five“ of sentence management



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